

$(\sin \alpha)^2 = (1 - \cos \alpha)^2$ $(\cos \alpha)^2 = (1 - \sin \alpha)^2$

$$\frac{\sin^2 \alpha + 1^2 \cos^2 \alpha}{1 + \cos^2 \alpha} = \frac{\cos^2 \alpha + 1^2 \sin^2 \alpha}{1 + \sin^2 \alpha} = \frac{(1 - \cos^2 \alpha)^2 + 1^2 \cos^2 \alpha}{1 + \cos^2 \alpha} = \frac{(1 - \sin^2 \alpha)^2 + 1^2 \sin^2 \alpha}{1 + \sin^2 \alpha}$$

$$= \frac{1 + \cos^2 \alpha - 2\cos^2 \alpha + \cos^2 \alpha}{1 + \cos^2 \alpha} = \frac{1 + \sin^2 \alpha - 2\sin^2 \alpha + \sin^2 \alpha}{1 + \sin^2 \alpha} = \frac{(\cos^2 \alpha + 1)^2}{\cos^2 \alpha + 1} = \frac{(\sin^2 \alpha + 1)^2}{\sin^2 \alpha + 1} = \cos^2 \alpha + \sin^2 \alpha = 1$$

$\Rightarrow \cos^2 \alpha - \sin^2 \alpha = \cos^2 \alpha$

$\sin(\frac{\pi}{4} + \alpha) \cos(\frac{\pi}{4} - \alpha) - \tan(\alpha - \frac{\pi}{4}) = \sin(\frac{\pi}{4} + \alpha) \cos(\frac{\pi}{4} - \alpha) + \tan(\frac{\pi}{4} - \alpha)$

$\frac{\pi}{4} + \frac{\pi}{4} = \frac{\pi}{2}$ $\frac{\pi}{4} - \frac{\pi}{4} = 0$

$$= \cos(\alpha) (-\sin(\alpha)) + \cot(\alpha) = (-\frac{\sqrt{2}}{2}) (-(-\frac{\sqrt{2}}{2})) + (\frac{\sqrt{2}}{2})$$

$$= -\frac{1}{2} + \frac{1}{2} = -\frac{1}{2} + \frac{1}{2} = \frac{\sqrt{2}}{2}$$

$\tan \alpha = \frac{r}{p} \Rightarrow \begin{cases} \cos \alpha = \frac{p}{h} \Rightarrow \cos \alpha = \frac{-14}{10} \\ \sin \alpha = \frac{r}{h} \Rightarrow \sin \alpha = \frac{-1}{10} \end{cases}$ $\cot \alpha = \frac{p}{r}$

$\tan \alpha > \cot \alpha \Rightarrow \sin \alpha < \cos \alpha$

$(\sqrt{2} \cos \pi + \sqrt{2} \sin \pi - \sqrt{2} \cos \pi) = \frac{\sqrt{2}}{2} + \sqrt{2} (\sin \pi - \cos \pi) = \frac{\sqrt{2}}{2} + \sqrt{2} (-\sqrt{1 - \sin^2 \pi})$

$\sqrt{2} \cos \pi = \sqrt{2} \cos \frac{\pi}{2} = \sqrt{2} \times \frac{1}{2} = \frac{\sqrt{2}}{2}$

$$\Rightarrow \frac{\sqrt{2}}{2} + \sqrt{2} (-\sqrt{1 - \sin^2 \frac{\pi}{2}}) = \frac{\sqrt{2}}{2} + \sqrt{2} (-\frac{1}{\sqrt{2}}) = \frac{\sqrt{2}}{2} - 1 = \frac{1}{2} - 1 = -\frac{1}{2}$$

$\frac{\tan \alpha - \sin \alpha}{\sin \alpha - \cos \alpha} = \frac{\frac{1}{10} - \frac{1}{14}}{\frac{1}{10} - \frac{10}{14}} = \frac{1(14-10)}{10 \times 14} = \frac{-4}{140} = \frac{-1}{35}$

$\tan \alpha = r \tan \frac{\alpha}{r} = r \times \frac{1}{r} = \frac{1}{r} = \frac{1}{10}$

$\frac{1 - \tan^2 \alpha}{1 + \tan^2 \alpha} = \frac{1 - \frac{1}{14}}{1 + \frac{1}{14}} = \frac{\frac{13}{14}}{\frac{15}{14}} = \frac{13}{15}$

$\cos \alpha = \frac{1 - \tan^2 \alpha}{1 + \tan^2 \alpha} = \frac{1 - \frac{1}{14}}{1 + \frac{1}{14}} = \frac{13}{15}$

$\sin \alpha = \frac{1}{14}$

$\frac{\cot \alpha}{\sin \alpha} > 0 \Rightarrow \frac{\cos \alpha}{\sin \alpha} > 0 \Rightarrow \cos \alpha > 0$

$r \sin \alpha < \sin r \alpha \Rightarrow r \sin \alpha - r \sin \alpha \cos \alpha < 0 \Rightarrow r \sin \alpha (1 - \cos \alpha) < 0 \Rightarrow \sin \alpha < 0$